

At Prairiewoods
October 24
7-8:30PM

Dances of Universal Peace are simple, meditative, joyous, multi-cultural circle dances. They use sacred phrases, chants, music and movements from many spiritual traditions to help you touch the spiritual essence within yourself and recognize it in others, thus creating a sense of connectedness and well-being.

Join facilitator Morgan Rivers at Prairiewoods (120 East Boyson Road in Hiawatha) for this evening dance circle. Morgan is imbued with passion for music, movement and the sacred, and she has been leading these dances for more than a decade. Beginner's welcome, experiential, not "performance".

There is a suggested offering of \$10, which will be accepted at the door. Registration is requested by Oct. 21. For more information or to register, contact Prairiewoods at www.Prairiewoods.org or 319-395-6700.